

Book-Weight

By Susie Johnson

Once you make your book weight, you no longer have to hold your book open with one hand and work with the other....

It will be a hands free operation from now on.

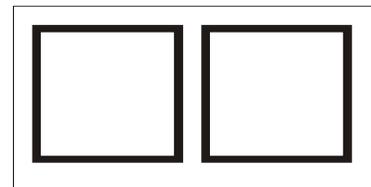
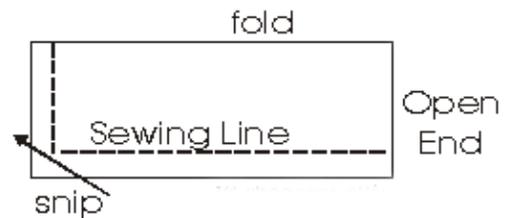
Materials Required:

- ❖ 1 -- 8½ by 8½ inches fabric square for the outside cover.
- ❖ 2 -- heavy steel washers from the hardware store, 2½ inches across.
- ❖ 4 -- 3½ inch squares of quilt batting.
- ❖ Thread
- ❖ Needle
- ❖ Scissors
- ❖ Glue
- ❖ Sewing machine



DIRECTIONS:

1. Fold Fabric Square in half with right sides to the inside.
2. Allowing ¼ inch seams, stitch one short end and one long side.
3. Snip small seam corner but do not cut the threads.
4. Reverse the piece to the right side of the fabric. (Turn inside out.)
5. Insert the first washer after sandwiching it with two pieces of the quilt batting. (Option, glue or stitch the batting sandwich together.)
6. Once it is in place, top stitch ¼ inch from edge around the three outsides, shift the washer to the end of the tube and then stitch through the middle close to the washer.
7. Insert the second washer sandwiching it with two pieces of the quilt batting.
8. Turn ¼ inch of the edge of the fabric inside the tube.
9. Hand stitch the opening closed.
10. Stitch around the three outer sides and, pushing the washer to the end of the tube, stitch through the middle close to the washer.
11. Topstitching should resemble this sketch. Dark lines are topstitching lines.



Wah-La, you now have your very own book weight.

Next time you need your book open and your hands free -- lay your new book weight across the gutter of your book and then, reach for your pillow and your bobbins.

--Allow 40 minutes.

Ask questions if you need to.

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