

Beginner Pillow Kit

by Donna Fousek

The premise for making this student package is so they can take it with them. This gives them the taste of what bobbin lacing is at a nominal cost. As we all found out when teaching that there is never enough time for all the students to finish a project in the time given. With the way times are now I do not have to worry about how to sanitize everything for the next student to use.

I used Garage Insulation which I purchased at my local Big Box Hardware store. It comes in pre-cut sheets of 14.5 x 60 x 1.5 inches. I cut the boards down to 18 inch tall. You can also use Styrofoam boards from any hobby store. It is important that the foam be 1.5 inches or thicker so the pins do not poke through the back.

I covered the Foam board with some leftover calico fabric big enough to cover the sides and a few inch on the back. Fold the ends to the back and pinned it into place. An option - If you have some spare cardboard you can glue a sheet to back to add a little extra protection from pins pushing through the back which will hide the raw edges of the fabric.

I thought about using the crocheted bobbin holders, but with the paper bobbins (see attachment 1) they do not work well with them. Instead I made the bobbin holder out of piece of fabric 15 x 10 inches, I folded it up 3.5 inches. Sewed the pockets 1 inch apart. I did not get fancy and left the edges raw. I only meant for them last for transportation to the class and home. You can finish the edges if you wish.

The pincushion is two pieces of cloth cut into 4 inch circles.(See attachment 2) I found the instructions on the internet.

For extra comfort took a pool noodle and cut off a 6 inch lengths. Then cut it in half. Use the half to give a little angle to the pillow.



I assembled everything together. Pinning the pincushion to the top and inserted the bobbins into the holder then pin down. Though it is not shown in the picture, I did pin down the loose threads of the wound bobbins to the pillow to add a little tension so they would not unwind and tangle.



Happy lacing
Donna

Attachment 1



Materials needed

Paper

I used old magazines.

Rock Candy Sticks

5.5 - 6 inches long

Paint Brush

1/2 inch or wider

Glue:

ModPodge Glue or White Glue thinned:
ModPodge work the best. White Glue can make the paper wonky if not worked right away.
Hint: Thin the white glue a little it spread better.

Optional:

Pony Beads

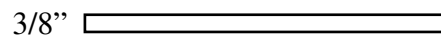
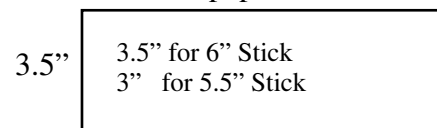
Cut paper to desired width.

3 - 3.5 inches

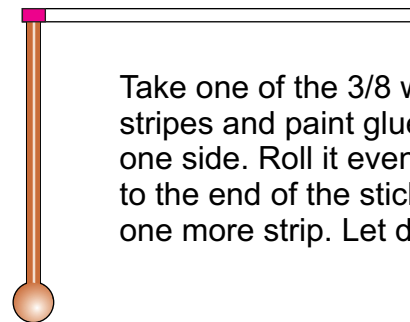
2 - 3/8 inch

This is not rock science so don't worry if the cuts are a little wonky. It just adds your style.

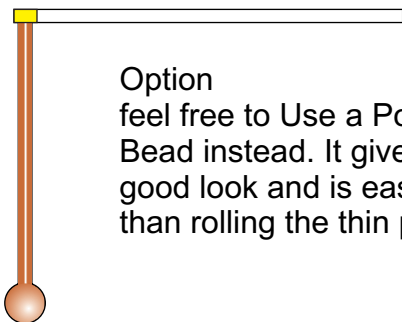
Width of paper 8.5" - 10"



Step 1

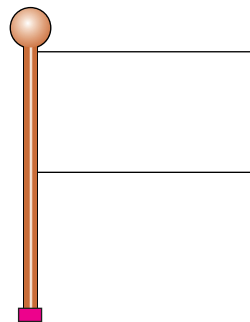


Take one of the 3/8 wide stripes and paint glue on one side. Roll it evenly on to the end of the stick. Add one more strip. Let dry



Option
feel free to Use a Pony Bead instead. It gives it a good look and is easier than rolling the thin paper.

Step 2



Take one of the 3.5" wide stripes and paint glue on one side. Roll it evenly on to the end with the ball of the stick. Add one to two more strip. Let dry

Step 3

Decorate as you wish.

If you paint them. Just remember to make sure that it will not rub off onto your work.

Attachment 2

Flower Pincushion

Draw a circle pattern (I used a 4" circle, which made a small pin cushion).
Cut out two circles:



Sew them together, then zigzag around sewing*, leaving a small opening to turn:
Turn, stuff, and sew opening shut.

*If you zig zag around the seam, there is no need to clip the edge. This same little trick works wonders with collars, neck edges, and anything that is curved. Simply stitch, zig zag close to seam, and then trim close to zig zag edge.



Using embroidery thread, starting from center, form petals by pulling stitching firm:
Sew a button in the middle or tie a bow with the thread endings. **All done!**

